



LAKESIDE *Flash News*

May 23rd

REMINDER: SCHOOL FOR FAMILIES: "HOW TO CORRECT YOUR CHILDREN'S INAPPROPRIATE BEHAVIOR THROUGH POSITIVE DISCIPLINE."

The benefits of respectful parenting are not only limited to education without violence, but also to better communication and healthy family coexistence.

The Positive Discipline approach emphasizes generating a healthy relationship between parents and children, instead of focusing on punishment to achieve the desired result. The principles on which it is based are:

- **Mutual respect.** No hitting, no excessive shouting, no verbal aggression.
- **Learn from mistakes.** Teach the good and bad consequences of acts; as well as to reflect on the given circumstance, not just to change the behavior without any explanation.
- **Consequences and not punishments.** Encourage focus on solutions rather than punishment.
- **Effective communication.** It is important to dialogue with the children, so that they understand the situation, the consequences and even motivate them to reflect on their own behavior.
- **Encouragement.** Attention is given to effort and improvement, not just success. This strengthens self-esteem and stimulates self-improvement.

The next **School for Families** will take place on **Wednesday, May 29th from 6:00 pm to 7:00 pm**, where we will share tools and tips on how to correct inappropriate behaviors of your children through Positive Discipline.

The link to join this interesting and enriching training is the following:



[CLICK HERE](#)

**We count on
your attendance!**

THE IMPORTANCE OF EDUCATIONAL COMPETENCIES

Competency-based education generates a participatory scenario in which students cease to be mere recipients of information and become active agents. They are responsible for their own learning, which generates a strong autonomy in them and feeds their curiosity. By focusing on integral development, competency-based learning allows students to make decisions based on what they already know and master, which fosters constant development and the acquisition of knowledge and skills.

In recent years, efforts have been made to change the focus of education to value not only the academic part, but also the competencies that students develop and that are of greater importance in the labor market and in society. Higher cognitive capacities are developed, such as analysis, critical thinking, creativity, scientific judgment, etc., and to favor the development of affective aspects, such as values, attitudes, interpersonal communication, leadership and commitment skills, among others.

We are proud that at Lakeside we have focused our efforts on developing these competencies in our students, which have allowed our Lakesiders and alumni to discover and develop their talents.

